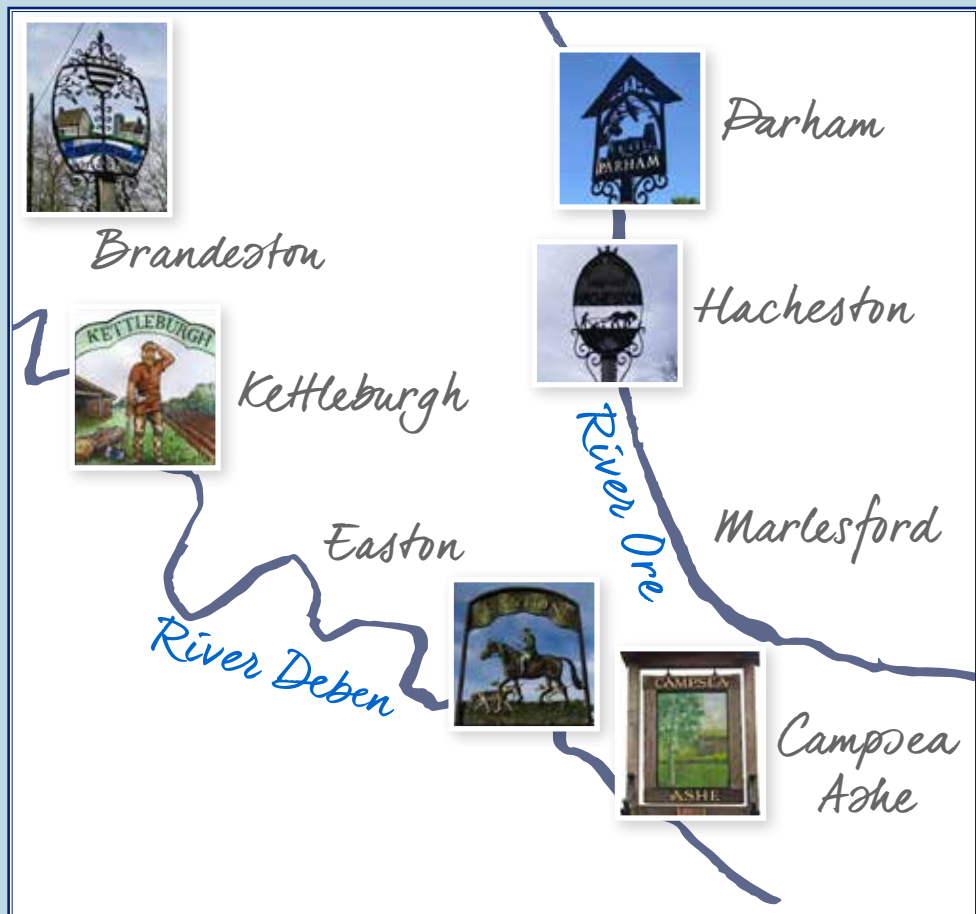


A SLICE OF SUFFOLK



A Benefice Magazine for Deben and Ore valleys:
Sharing news of local people and community events.

JULY 2022 - Number 1

Who's Who ...

LAY READERS:	Martin Crane	07824835493
ELDERS:	Mary Baker	01728 685807
	Jackie Clark	01728 723623
	Jane Woodbury-Eggins	01728 746667
	John Bradfield	01728 724481
	Carol Cooke	01728 747625
	Jane Slade	01728 723707
CHURCHWARDENS :		
Brandeston (All Saints)	Mary Baker	01728 685807
	Chris McArthur	01473 737553
Kettleburgh (St. Andrews)	John Bater	01728 723532
Easton (All Saints)	Jane Woodbury-Eggins	01728 746667
Easton magazine editor:	Clare Owen	01728 745015
Parham (St Marys)	Adam Paul	01728 723760
	John Bradfield	01728 724481
Organist:	Graeme Hall	01728 746371
Hacheston (All Saints)		
Marlesford(St Andrews)	Lord Marlesford	
	Nan Waterfall	01728 747038
Campsea Ashe (St John the Baptist)		
	Glenys Fear	01728 747177
TOWER CAPTAINS: CA	Glenys Fear	01728 747177
P	Jos Slade	01728 723707

A word from the Reverend Canon Deirdre

Friends

Most of you hopefully know me already, but if not I'm Deirdre (Revd Canon Deirdre Parmenter) a retired priest living at Campsea Ashe in our benefice of seven parishes.

As Graham Hedger has taken well-earned early retirement, I have been asked to write the letter at the beginning of an exciting new phase in the life of the Orebeck Benefice. For the first time, the long-held dream of one magazine is coming to fruition under the expert editorship of Jan Baldwin. We are immensely grateful to Jan for taking over from Michael Dawe who has moved, and to Michael and Kaye for all their years as editor of the four-village magazine. Please support Jan in sending her news, events and items of interest about your village janebaldwin325@gmail.com

It's challenging when a priest moves on, but I can assure you, your churches are in good heart and we are all working together as we wait for the Bishop, Archdeacon and Rural Dean to seek a new Priest-in-Charge. Unity under God is an important Christian theme and I can finish in no better way than our specially written **Orebeck** Benefice Prayer which is a sign of our unity in Christ and our pilgrimage together as individuals and churches.

Open our hearts to your love, Father God, as we journey with you;

Renew us each day, as we dwell in your presence.

Encourage us when we feel downtrodden,

Bring us comfort when we are sad.

Enliven us so that we may always be ready to serve You, and

Care for others in the strength of God's love.

Kindle, we pray, all that works towards the coming of your kingdom.

Amen.

I pray God's blessing upon you, your family and neighbours in our communities.

Deirdre



Church Services for July

3rd	Trinity 3	9.30am	Benefice Holy Communion	Hacheston
10 th	Trinity 4	9.30am	Holy Communion	Brandeston
			Morning Prayer	Campsea Ashe
		11am	Morning Prayer	Easton
				Hacheston
				Parham
6.30pm	Evening Prayer	Marlesford		
17 th	Trinity 5	9.30am	Zoom Morning Service	
			Holy Communion	Marlesford
		11am	Morning Prayer	Parham
24 th	Trinity 6	9.30am	Morning Prayer	Brandeston
				Campsea Ashe
		11am	Holy Communion	Easton
		6.30pm	Evening Prayer	Kettleburgh
31st	Trinity 7	9.30am	Benefice Holy Communion	Kettleburgh

For an invitation to our Zoom services contact Bill |
bill78@btinternet.com

Compline is said at Marlesford every Wednesday at 5pm

Friday Prayers are at Hacheston at 4pm



Celebrations



Welcome to Faith Jennifer, Rebecca and Mark Page's daughter who was born on June 6th. Faith is a fifth generation **Marlesford**. Her great-great grandfather Hedley Blakeway ran the Bell Inn in 1901. I wonder how many more generations there will be of the family who live in the village?



Kathryn Berry's Brandeston wedding 16th July 2022

For those of you who remember the Berry family from their time in the village, Kathryn will be getting married to Glen Povey at Brandeston church on 16th July at 1.00pm. Lloyd and Allison would be very happy if any of their friends from the village would like to join them in the church- they will be very welcome.

Mary Moore

A Thanksgiving Service will be held in Brandeston Church at 2.30pm on Friday 19th August to celebrate the life of Mary Moore. This will be followed by tea in the village hall afterwards. Everyone is very welcome to join us. Further details will follow in the August magazine.

Pastoral care during the vacancy

If you need to talk to someone about a pastoral issue over the coming months please contact either:

The Rev'd Canon Deirdre Parmenter

01728 748145

dierdreparmenter@gmail.com or

The Rural Dean, the Rev'd Chris Davey

01728 723454

framlinghamrectory@btinternet.com



Church News and Events



Learning the art of bellringing

We have fine church bells at Brandeston and Kettleburgh and currently we are aiming to teach some new ringers. All ages and abilities are welcome to what is a rewarding pastime, that does not require great strength, and can be simple ringing on six bells, to complex mathematical memory exercises at the other end of the spectrum. Teaching beginners usually takes several months to gain full bell control or alternatively you may be a lapsed ringer and would now be happy to lend us a hand.

Persephone and I are planning a taster morning on Saturday 2nd July. Come along and have a look at the art of bellringing. Just turn up on the day and choose one of the two venues below:

Saturday 2nd July 2022 - in our parish churches.

Brandeston between 09.30 and 11.00 hrs

Kettleburgh between 11.00 and 12.30 hrs.

We both have had safeguarding training in respect of these matters, and I have been certified as a competent teacher.

Christopher McArthur - 07887 825008 Tower Captain Brandeston

Persephone Booth – 01728 723502 Tower Captain Kettleburgh

Ringers of all standards and newcomers are welcome here too.

Parham: Jos Slade the Bell Tower Captain runs practices at Parham, on Tuesday evenings. Tel: 723707

Campsea Ashe: Saturdays from 9.30 to 10.45 with Bell Tower Captain Glenys Fear Tel: 747177

Church Rotas

All Saints Church, Brandeston Church Cleaning Rota Summer 2022

Jan Baldwin/Lydia Freeman	3rd July 2022
Helen Fletcher/Karren Piper	17th July 2022
Ruth Garratt/Mary Baker	31st July 2022
Sue and Barry Flack	14th August 2022
Maida Campbell/Liz Cobbold	28th August 2022

Thank you all for your continuing commitment to keep our lovely church looking so clean and welcoming. Kelly Jeffery (01728) 685117

Kettleburgh Church Cleaning and Flowers Summer 2022

	Cleaning	Flowers
July	Claire Norman	Claire Norman
August	Val & Trevor Butcher	Sue Scott

Thank you to all those who have offered to keep St Andrew's church clean and provided with flowers.

Parham and Hacheston Church Flower Rota Summer 2022

July 2022	Parham	July 2022	Hacheston
3/7	Pat Chandler	2/7	Shirley Page
10/7	Pat Chandler	9/7	Sue Paul
17/7	Pat Chandler	16/7	Julie Inett
24/7	Pat Chandler	23/7	Michael Block
31/7	Pat Chandler	30/7	Annette Gray
6/8	Sheila Winton	7/8	Kaye Dawe
13/8	Myrle Gray	14/8	Kaye Dawe

From the Editorial Team

Nan the Advertiser



We moved to Marlesford in 2002, when I joined the National Trust at Sutton Hoo as its Education Officer, where my main responsibility was for school visits. It was only after I retired in 2008 that I became involved with the parish magazine, and eventually ended up taking responsibility for all the adverts. These are very important, as they subsidise the cost for subscribers. I know many of you use the adverts as a great resource for finding local tradesmen and women.

We have two sons, who, with their families, live in Yorkshire. When we go up, it is lovely to see them, but we are so glad to be living in the countryside, not a large town. I spend a lot of my time here, when not doing the necessities of life, pottering in my garden.

I am one of the churchwardens at St Andrew's in the village, and one of the Marlesford Bakers. We run our cake stall on the second Saturday in the month in church, and latterly we have a coffee morning running there at the same time. We have a loyal band of customers, not just from Marlesford but other nearby villages, and, of course, we always welcome more.

If you would like to advertise in the magazine, or know someone who does, please contact me at: nanwaterfall@gmail.com

Jan the Editor



So here it is - the first Orebeck magazine for our seven parishes!

The vision is for the magazine to be received and read mostly online which will make it free and in colour. Some people will still want a printed copy, and this will be in black and white and for the first six months the cost will be subsidised by church funds. Hopefully in the early days readers and subscribers will 'bear with us' as we find our feet and work out a sustainable magazine which the communities like and feel it serves their parish needs. There will be an opportunity in the future, for interested parties to give feedback, so adjustments can be made to best fit the community.

We are currently working towards putting the parish magazine onto the seven village websites and also onto the website 'A CHURCH NEAR YOU'.

Ultimately these sites will be where those currently receiving an email copy will be able to find the latest issue.

Brandeston



Brandeston Film Club



Friday July 8 2022
Brandeston Village Hall
Doors and bar open at 7PM
FILM STARTS AT 7.30 PM

To book your seat
Phone Susannah on
07725 849945 or email
brandestonfilmclub@hotmail.com

*The BFC will be taking a break in August and will return
in September.*

Brandeston



Primary age children are invited to this year's holiday club,
run by our local churches at Brandeston Village Hall

on August 15th 16th 17th

THE THEME FOR THIS YEAR IS

HEROES!

9.30am to 1.30pm

Bring a picnic lunch

£4 per day for first child /£2.50 per day for additional
siblings

You are welcome to come for 1, 2 or 3 days

Please contact

Jackie Clark 01728 723623 jwc51@btinternet.com

Mary Baker 01728 685807 marybaker555@hotmail.co.uk

We're back for the...



BIG BRANDESTON BREAKFAST

In the village hall

On Sunday 31st July

9.00 to 11.00 am

Veggie, GF, and light options available

Please request special dietary
requirements in advance.

Proceeds to All Saints' Church

**Brandeston Village Hall
Coffee Morning, Thursdays**

10am - 12pm.



Kettleburgh



Kettleburgh Green Trust Lottery Draws

The initial draws for the KGT Lottery were delayed partly due to the change of the trustees. However, the first three draws were carried out on the 3rd June 2022 at the Kettleburgh Coffee Morning and the results are as follows -

April - 1st prize: Nora & Louise

2nd prize: Trevor & Diane Smith

May - 1st prize: Roger Clarke

2nd prize: Simon & Alison Rainger

June - 1st prize: Simon & Alison Rainger

2nd prize Roger Clarke

KETTLEBURGH

☕ COFFEE ☕

MORNINGS

are back!

10:30-12noon

1st Fridays



Kettleburgh



Kettleburgh Village Show

After a break of two years we are delighted that we will be holding our show once more in Kettleburgh Village Hall on Saturday 3rd September. Classes for fruit and veg, flowers, photos, craft, cookery and preserves and Children's classes.

Claire Norman Tel: 01728 724372 or email:
auntclaire@btinternet.com

Easton



EASTON OPEN GARDENS

Sunday 3rd July 2022



Gardens open from 11 am to 5 pm

£5 per adult (children free)

Tickets will be available to purchase on the day from the Village Hall and one or two other gardens.

There will be nineteen gardens to visit and this year there are many gardens that will be open for the first time ever, joining others that have been very popular in the past.

Home made ploughman's lunches and tea and cake will be available at the Village Hall.

Money raised will help support All Saints Church and a donation will also be made to the Red Cross Ukraine Appeal.

=====

The Queen's Platinum Jubilee

Like all our parishes, we had a lovely weekend of events, including a hog roast and beacon lighting on the green, a "street" party at the cricket ground and a Songs of Praise on the Sunday. Our thanks to all who organised the events, giving us an opportunity to celebrate and to get together as a community.

Parham



Parham's historic bells (cast circa 1299)

In 2006, Paul Cattermole, the distinguished historian of bells, inspected the bells at the church of St. Mary the Virgin in Parham, Suffolk, and was impressed with the age of the two oldest bells. He thought it likely, because of their size, shape and the lettering of their inscriptions, that they were made by John of Lynn (John de Lenne), who was at work in 1299.

The inscription on one of the bells, 'Assumpta est Maria in Celum' – 'Mary has been taken up into heaven' - is appropriate for a church dedicated to St. Mary the Virgin and quite common for the period, as is the misspelling of "coelum" (heaven). The inscription on the other bell, however, is unique in Suffolk and Norfolk: 'Veni Sponsa Mea ad Ortum Meum.' Consultation with eminent medievalists confirms that the text refers to the *Song of Songs*, the Old Testament love song which was cherished in medieval England. The words are not an exact quote from the Latin bible, which reads 'Veni in hortum meum soror mea sponsa,' translating as 'I am come into my garden, O my sister, my bride.' The inscription on the Parham bell can instead be translated as 'Come to my garden, my bride.'

It will be noted that the inscription has "ortum" for the biblical Latin's "hortum" (garden) but substituting ortum for hortum was common at the time; the Dictionary of Medieval Latin from British Sources says "see hortus" when one looks up "ortus," in addition to meanings ortus has of its own. The inscription omits "soror" (sister) from the biblical text, thus focusing solely on the bridegroom calling his bride. Medieval theologians liked to interpret the *Song of Songs* - a sensuous series of poems about two lovers - in terms of the relationship between Christ and his church, even Christ and the Virgin Mary and Christ and the human soul. So when the Parham bell rang, the intention was for it to sound as the voice of Christ, calling his beloved to his sacred place. Bells of the period were often assigned identities, inscriptions stating that individual bells were the voices of angels Michael or Gabriel or of Mary herself, "the rose of the world," as many inscriptions put it. It was more unusual for a bell to state that it rang as the voice of Christ.

Parham



The choice of a text from the *Song of Songs* assumes additional meaning when one realises that the bell was cast around the time of the marriage of Cecily de Valoines, wealthy young heiress of the manor of Parham, to Robert de Ufford, in 1297. It is possible that the couple commissioned the bell to commemorate their marriage and chose an inscription proclaiming the call of a bridegroom to his bride. Cecily was well connected in clerical circles, as her family were patrons of the nearby priory at Campsey Ashe and of Hickling Priory in Norfolk, and she could have consulted prior and prioress for advice on a suitable inscription. The bell would have been presented with great ceremony, prior, prioress and aristocracy in attendance, appreciating the reference to the *Song of Songs*.

Given her exalted place in medieval society and her links to learned people, it is not unthinkable that Cecily de Valoines and her husband, who was well connected at court, might have wanted the inscription to have even more depth of meaning. There is no doubt that "ortum" was a substitute for "hortum" in the inscription, but the word ortum had a meaning of its own: rising. One wonders if Cecily, her husband and their advisers, enjoyed the double meanings of "hortum" and "ortum," the latter referring to the rising of the bell, its pre-full circle ringing described in contemporary French as "à la volée" - in flight. Might there also have been a pun on the rising of the bell with the the bridegroom's rising? For this was a society in which the sensuous and the sacred were not uncommon bedfellows, as in the *Song of Songs* itself.

The bell was re-hung in 2006 in a ring of 6 and readers who might want to ring it may contact the Parham tower captain, Jos Slade, on parham@suffolkbells.org.uk.

We would be interested to know if there are similar inscriptions on medieval bells in other parts of the country. John Adams, a local history recorder.

A photo of Parham's historic bells (cast circa 1299)



Parham



New Shared Ownership Homes for Local People

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Purchase 50% £132,500

Rent on remaining 50% £303.64 PCM

Service Charge ETBC calendar month

3 Bedroom

Full Market Value £305,000

Purchase 50% £152,500

Rent on remaining 50% £349.47 PCM

Service Charge ETBC calendar month

Am I eligible?

Priority will be given to those with a connection to the village of Parham and surrounding areas within East Suffolk District.

Applicants will need to register with the Help to Buy Shared Ownership Agent www.helptobuyagent3.org.uk

For more information please contact homesales@orwell-housing.co.uk or call 01473 228642 / 07749417399

Hacheston



Kaye and Michael Dawe:

We would like to take this opportunity to thank Kaye and Michael Dawe for everything they have contributed to our Benefice over the past years. They have worked so hard in all aspects of the community and we are very grateful for all they have done. Thank you both and we wish you happiness in your new home. David and Jenny Garnett.



Hacheston All Saints

On Sunday July 3rd at 3pm there will be a light summer concert given by The Goldcrest Ensemble (flute, viola and harp), followed by light refreshments. This will be in aid of Suffolk Historic Churches Trust. This local trust is extremely generous with their grants for fabric work to keep All Saints standing. Please come and relax on a summer's day.



Hacheston Hall is now open for hire again – both the main hall and committee room.

Mondays 6.00 -7.30 Yoga Jo Ogden-King 07855 755982 jokingy@hotmail.com

Tuesdays 8.30 – 3.30 NHS Cardio Rehab 4.00 – 5.15; 5.15 – 6.00; 6.00 – 7.00 Ballet. Anna admin@arschoolofdance.com

Wednesdays 2.00 – 2.30; 4.00 – 5.00; 5.00 – 6.00; 6.00 – 7.00 Ballet. Anna 07740 769742

Thursdays 10.00 – 12.00 Art Club. Lorna Edwards lornaed@hotmail.com
4.45 – 8.15 Karate. Elizabeth Arvanitidou 07495 608475 earvan120@gmail.com

Fridays 8.30 – 1.00 Cardio rehab with Jon Regester info@jonregister.co.uk

Marlesford



Marlesford Coffee Mornings

In May we introduced coffee mornings in church to run at the same time as the cake sale. The first one in aid of The Institute for Cancer Vaccines & Immunotherapy raised over £100, and the June one which was in aid of Lighthouse, Ipswich Women's Refuge, raised £106.40. If you would like to host a coffee morning in aid of your favourite charity, please contact me. You only need to provide a kettle and water – we supply the cake, and beverages.

Nan Waterfall nanwaterfall@gmail.com

In July our charity will be the RSPCA. The cake sale and coffee morning will be Saturday 9th July from 11am to 12 noon.

Marlesford



Marlesford Old School Fund –Charity Number 304791

The charity will be awarding grants for the start of the school year and we welcome applications. Our charity's funds are invested in COIF (Charities Official Investment Fund), managed by CCLA (Churches, Charities & Local Authorities). The dividends that accrue to our investment are used to give small grants in support of educational activity to young persons living in the parish. The highest priority is given to **children starting school** at Wickham Market (Primary) and Thomas Mills (Secondary). Awards are usually made in August, in time for the start of the school year. Grants are also made to students **starting college or university**. Funds permitting, the committee would be happy to consider additional applications in **support of a wide range of educational-ly related activities**. A short (and I hope simple) application form is available on the parish council website (marlesford.suffolk.cloud) or from me.

Roger Waterfall, 1, Mill Lane. Tel: 747 038
rwaterfall39@gmail.com

FREE

Taster session for Seated Yoga

Tutor: Imogen Hayward

Marlesford Community Centre

Tuesday, July 5th

7.00pm



Campsea Ashe



Campsea Ashe Open Gardens

Richard and Julia Keeling have kindly offered to open their beautiful gardens in Campsea Ashe later this summer. The date has yet to be fixed, but should be announced in the August magazine.

Best wishes Glenys Fear



Station Rd, Campsea Ashe, Woodbridge
IP13 0PT

Tel: 07856810828

[http://stationhousecampseaashe.co.uk/
bookaspace](http://stationhousecampseaashe.co.uk/bookaspace)

For freshening up in the morning, calming down later, grabbing a bite and relaxing on your own or with friends. We serve quality coffee roasted in Suffolk with a great taste whether you fancy a cappuccino, latte, espresso, americano, flat white or filter. If decaffeinated or dairy-free is your choice, we have it covered. Or pick yourself up with a refreshing tea (Kandula Tea Company): English Breakfast, Earl Grey, Green Ceylon, Strawberry Hibiscus, Lemon Ginger, Moroccan Mint or Chamomile Rose. Then add a local bacon roll, croissant, pain au chocolat or selection of home-made cakes from our kitchen plus a selection of cold drinks and grab 'n go snacks.



Mon-Fri	7:30am-4:00pm	7:00pm when room in use
Saturday	8:00am-4:00pm	7:00pm when room in use
Sunday	8:00am-4:00pm	



DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

This year, the State Opening of Parliament saw HRH the Prince of Wales deliver HM the Queen's speech for the first time, due to concerns around HM the Queen's health. The State Opening marks the beginning of a new Parliamentary session and the Queen's Speech set out 38 new Bills which will help the Government to continue delivering on its top priorities.

Amidst those new Bills is the Levelling Up and Regeneration Bill, which will deliver planning reforms, regenerate towns and cities and shift powers down from central Government to local leaders, giving communities a louder voice and empowering them to shape their own futures.

Whilst I welcomed earlier plans to reshape planning policy, the one size approach proposed was not appropriate for Suffolk and I was very pleased to have played my part in delivering a rethink on that earlier White Paper. So, whilst the devil lies in the detail and I await full sight of the detail in the new proposed planning reforms, I am pleased that the voice of local communities will be heard as part of the new reforms. I have always taken the view that any development should be appropriate, protecting out greenbelt land wherever possible and retaining the fabric, heritage and character of our rural villages and small towns here in Suffolk. It is vital that any development should be delivered through a truly locally led planning system and communities should retain the right to shape the areas in which they live, something which this new Bill should help to enshrine in law.

I have also written recently about how rising energy costs caused by the conflict in Ukraine have reinforced the need to improve Britain's energy security. We have finally realised the importance of being less reliant upon foreign supplies for our energy and the need to improve our own energy security. The sustainable answer to securing our energy and fuel needs must come through investment in carbon neutral and renewable sources, so I welcome the proposed Energy Security Bill which will ultimately deliver a more secure, homegrown, and cheaper energy network for all of us.

I was delighted to welcome the Education Secretary, the Rt. Hon. Nadhim Zahawi, to Stradbroke where he met with Head Teachers from schools across Central Suffolk and North Ipswich. He spoke to them about his aspirations for driving up standards for all children and the increased funding which has been secured via the Schools Bill. I have long been pushing for more money for our schools here in Suffolk and very much welcome this additional investment which will help to drive up standards and help our children catch up on lost learning during the past two years.

Finally, I particularly welcome the new Mental Health Bill and hope to be able to use my own knowledge and experience as a mental health doctor to be part of the early scrutiny process in shaping this Bill, so that sensible and appropriate changes can be made to ensure that it better benefits and meets the needs of patients here in Suffolk.



Community Information



Route 2 - Every 4 weeks on a Wednesday		
Stops	Time	Date
2H Parham Notice board	14:45 - 15:00	July 20 th Aug 17 th
2 I Parham Northern Green	15:05 – 15:30	Sept 14 th Oct 12 th Nov 9 th Dec 7 th
Route 6- Every 4 weeks on a Wednesday		
6D <u>Campsea</u> Ashe Station	11:00 – 11:45	July 27 th Aug 24 th
6E <u>Hacheston</u> Village Hall	11:45 -12:10	Sept 21 st Oct 19 th
6F Easton Farm Park	12:25 -12:45	Nov 16 th Dec 14 th
6H <u>Marlesford</u> Post Box	14:25 – 14:45	
Route 7 – Every 4 weeks on a Thursday		
7I Brandeston <u>The</u> Queen Pub	14:50 – 15:10	July 28 th Aug 25 th
7J <u>Kettleburgh</u> Church Road	15:15 – 15:30	Sept 22 nd Oct 20 th Nov 17 th Dec 15 th

Suffolk Mobile Library Service in our Community

<tel:01473351249>

<https://www.suffolklibraries.co.uk/visit/mobile-libraries>

FRAMLINGHAM LIBRARY

Wednesdays, 6th July – 9th September, 6.30-8.30

Suffolk Libraries and The Suffolk Bridge Association have teamed up to provide you with the opportunity to learn the world's best partnership card game, for free! The courses will be taught by Jacks Morcombe, an experienced teacher and local player.

Anyone who wants to start learning to play the world's best card game now has a one-off chance to do so at absolutely no cost thanks to the generosity of Suffolk Libraries generously providing space in their premises and a financial gift from a local bridge club.

People need have no previous experience of the game. We can teach people aged 9 to 90 even if they have never picked up a pack of cards before. This is a golden opportunity if you have ever wanted to learn the game. To obtain details of this and courses at Aldeburgh and Woodbridge libraries see below:

Jacks Morcombe at learnbridge@suffolkbridge.co.uk or call her on: 07778 639407.

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Instagram - @crowhandyworx



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07766 235 607

www.thesuffolksweep.co.uk

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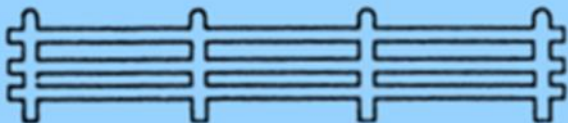
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